

## 2023 RACE SAILING INSTRUCTIONS

### **1. RULES**

- 1.1 The Southampton Sailing Club (SSC) races within the 2023 Summer and Autumn Series' will be governed by these Sailing Instructions (SIs), the Royal Yachting Association (RYA) race charter, and the rules as defined in the current edition of the Racing Rules of Sailing (RRS).

### **2. RACE FORMAT**

- 2.1 Finish times will be calculated on the basis of average lap times.

### **3. ELIGIBILITY**

- 3.1 Entry to the races is open to members of Southampton Sailing Club, and to visiting boats.

- 3.2 Entry is limited to:

Class 1	Small multihulls. I.e. boats without accommodation (e.g. Hobie Cat, Hurricane, Dart, Weta trimaran etc.).
	Asymmetric dinghies
Class 2	Sailing cruisers of draught equal to or less than 1.8 metres
Class 3	Monohull dinghies of maximum Portsmouth Yardstick of 1390

### **4. ENTRIES**

- 4.1 A signed entry form is required from each boat before it competes in its first race of the season. A boat will not be ranked as a starter until a signed form has been received.

### **5. SAFETY**

- 5.1 SSC's Safety Policy is detailed on the SSC entry form. The policy may be updated during the season and competitor's advised by email. Compliance is a condition of entry.

### **6. CHANGES IN SAILING INSTRUCTIONS**

- 6.1 Changes to these instructions will be notified via email to entered boats and via the SSC website:

<https://southamptonsailingclub.com>

### **7. SIGNALS**

- 7.1 Signals to competitors will be made by flags flown from the committee boat, and sound signals from the committee boat.

- 7.2 The committee boat may also communicate with the fleet on VHF Channel 37 (M1), (P1).

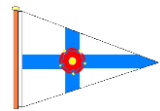
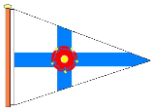
### **8. SCHEDULE OF EVENTS**

- 8.1 The races will consist of evening and weekend races.

- 8.2 The schedule of events will be notified via the SSC website, and posters on the SSC notice boards.

### **9. RACING AREA**

- 9.1 The race area will be to the South East of the yellow buoy known as Jib. The start line will be in the centre of the race area.



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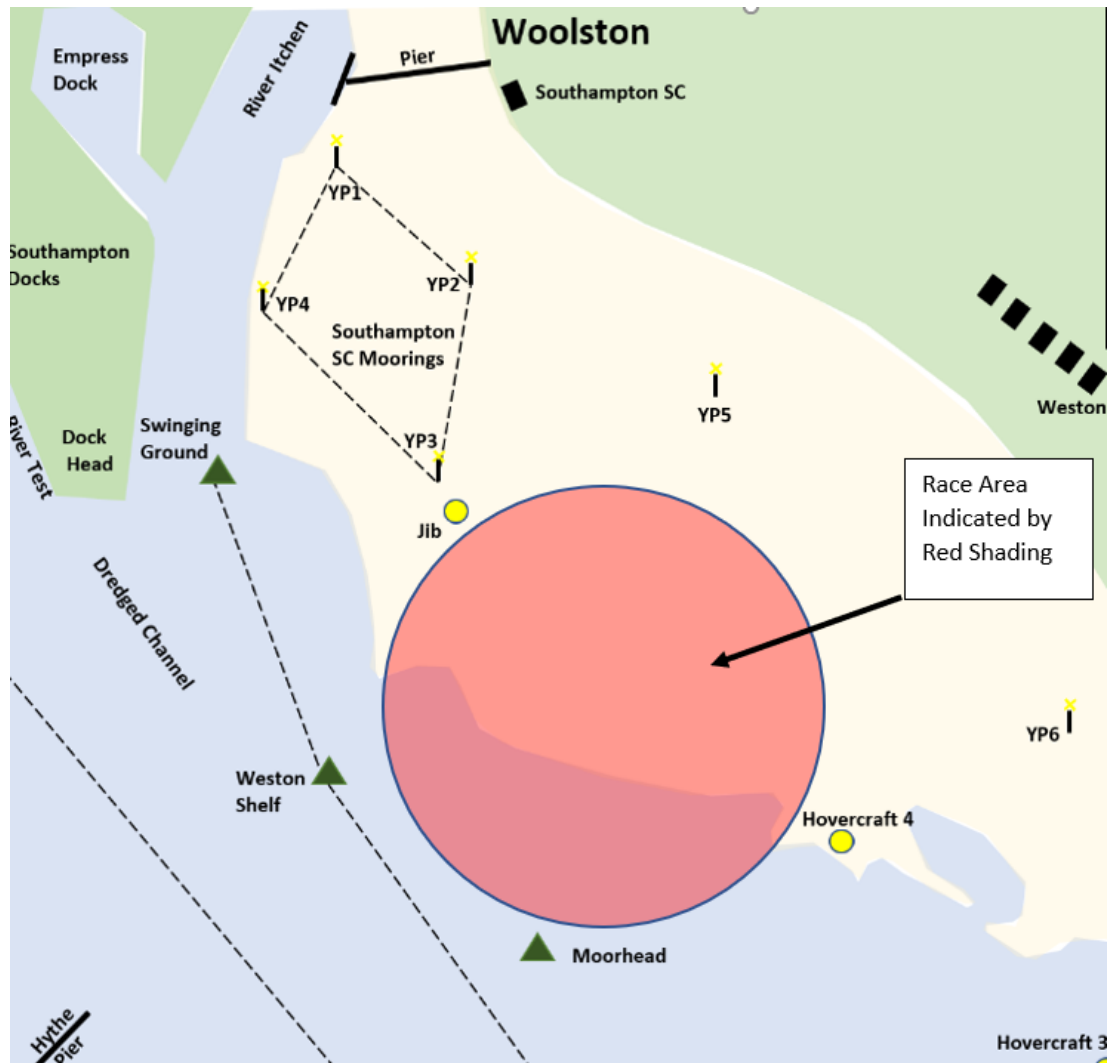


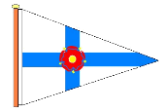
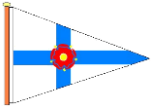
Figure 1 Race Area

### 10. RACE ENTRY AND DECLARATION

- 10.1 Entries will be accepted on the SSC entry form either by post, email, or at the SSC committee boat up to 20 minutes before the start of a race.
- 10.2 The entry form and race documentation may be down-loaded from the SSC website:  
[www.southamptonsailingclub.com](http://www.southamptonsailingclub.com)

### 11. COURSE

- 11.1 As indicated in Figure 2, the course for classes 2 and 3 will be a triangle orientated to the direction of the wind.
- 11.2 Class 1 boats may omit the gybe mark and just round the upwind and downwind marks, as indicated in Figure 3.
- 11.3 The finish line and the committee boat will be located equi-distant between the upwind and downwind marks. The length of the course is about 1.1 nautical miles per lap.
- 11.4 There will be no defined number of laps. Boats shall continue racing until code flag S is displayed.
- 11.5 On completing each lap, competitors must pass through the start/finish line.



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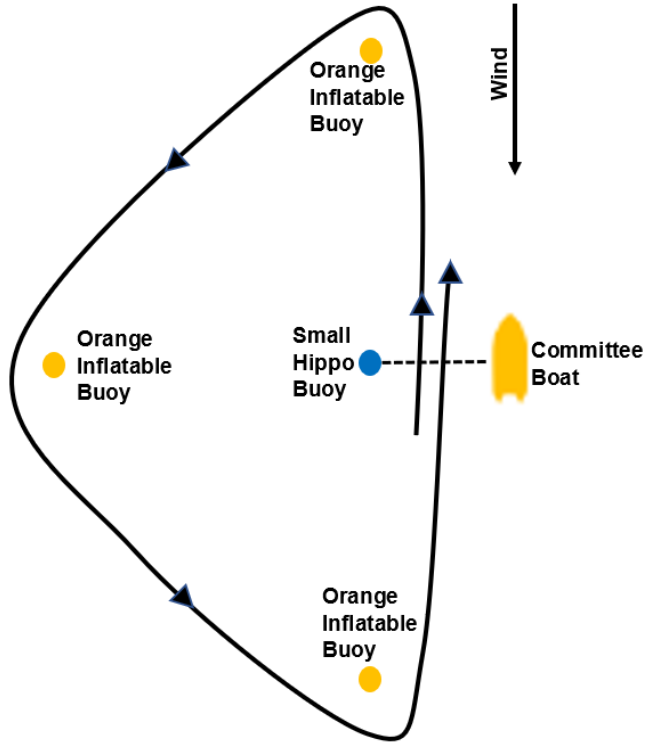


Figure 2 The Course for classes 2 & 3

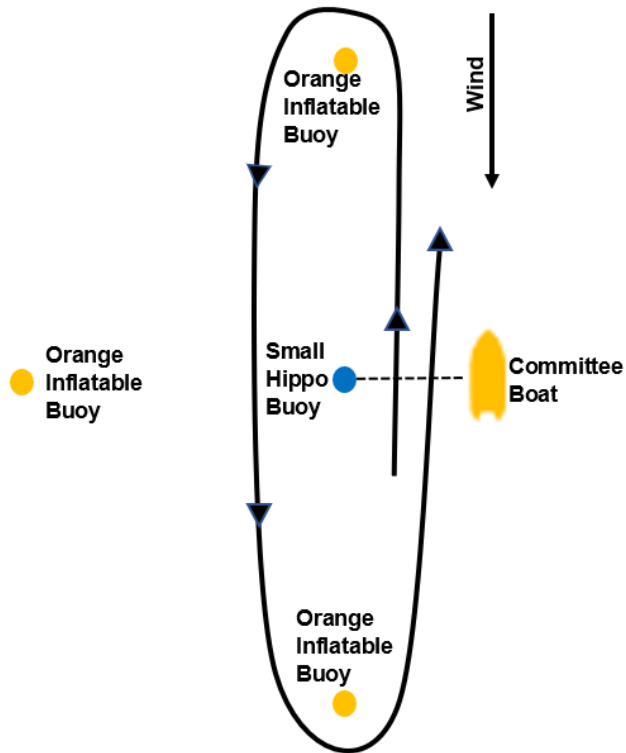
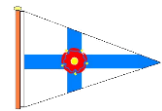
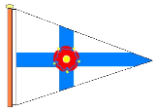


Figure 3 The course for class 1



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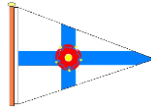
### 12. RACE OFFICER

12.1 Each race shall be sailed under the authority of the SSC race officer who will be on board the committee boat, and have total responsibility to conduct the race in accordance with these SIs and the SSC Safety Policy.

### 13. START

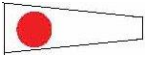

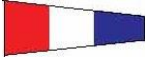
13.1 The start/finish line will be between the committee boat and a small spherical hippo buoy.

13.2 The committee boat will be a safety boat, sailing cruiser or dinghy, which will display an SSC burgee:




13.3 All boats are requested to keep clear of the start line and it's vicinity when preceding fleets are starting.

13.4 The starting schedule will be as follows:

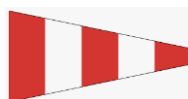
<u>Start time</u>	<u>Class</u>	<u>Type</u>	<u>Class flag</u>
At advertised start time	Class 1	Small multihulls and asymmetric dinghies	
Advertised start time + 5 minutes	Class 2	Sailing Cruisers	
Advertised start time + 10 minutes	Class 3	Dinghies of maximum Portsmouth Yardstick of 1390	

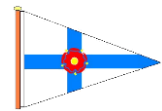
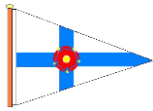
The start sequence for each class will be signalled by the committee boat as follows:

<u>Time</u>	<u>Signals</u>
5 minutes before start	Class flag, plus sound signal
4 minutes before start	Flag P displayed,  plus sound signal
1 minute before start	Flag P removed, plus sound signal
Start	Class flag removed, plus sound signal

13.5 The start for a class will also be the 5 minute signal for the subsequent class.

13.6 In case of a short delay to the advertised start time of a race, the committee boat will fly code flag AP, as below. Upon taking down AP, the race officer will immediately fly the class flag for the first class to start and immediately enter the 5 minute sequence to the start of the first class.





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### **14. FINISH**

14.1 The race will be finished by flying code flag S from the committee boat:



14.2 Upon seeing code flag S, boats must complete their current lap and cross the finish line. Finishing boats may receive a single confirmatory sound signal from the committee boat.

### **15. TIME LIMIT**

15.1 An absolute time limit of 1.5 hours will apply from the start of class 1.

N.B. The race officer shall endeavour to allow sufficient time for all competitors to finish within the 1.5 hour limit (timing will depend on the prevailing conditions, but for guidance, race officers should normally allow about 50 minutes from the start of class 1 to the shorten course signal).

### **16. HANDICAPPING**

16.1 For monohull dinghies the RYA Portsmouth yardstick (PY) system will apply.

16.2 For sailing cruisers the Byron rating system will apply.

14.2 For small multihulls, the ISAF small catamaran handicap rating system (SCHRS) will apply.

16.33 For novel, rare or unusual boats a handicap may be assigned by SSC.

### **17. RETIREMENTS**

17.1 Retirements must be notified to the Race Officer as soon as practically possible.

### **18. RACE SCORING**

18.1 Positions for each race will be calculated on the basis of average lap times.

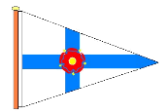
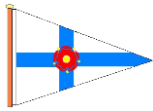
18.2 The low points scoring system (RRS Appendix A) will apply.

Race finishing place	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Each place thereafter
Points according to the low point system	1	2	3	4	5	6	7	Add 1 point

18.3 If a competitor is unable to compete in a race through acting as a race organiser, the competitor will be awarded average points for that race. This will be the average of the points gained in the results remaining after allowing the discards specified above for one race less (for each duty performed) than the total number of races started and not abandoned. The total will then be recalculated taking into account these 'average points' using the total number of races started and not abandoned. Award of average points is limited to a maximum of 2 races per competitor.

### **19. SERIES SCORING**

19.1 A boat's series result will be based on the summation of its positions in each race of the series after applying discards.



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19.2 The number of races to count in a series shall be:

Races started & not abandoned	10	9	8	7	6	5	4	3	2	1
Number of discards	5	4	4	3	2	2	1	1	0	0

## **20. RESULTS**

20.1 Race results will be published on the SSC facebook page:

<https://www.facebook.com/groups/787986668215039>

Results may also be published on the SSC members Whatsapp group, and may also be distributed by email.

## **21. PERSONAL BUOYANCY**

21.1 On board multihulls, asymmetrics and dinghies, personal buoyancy shall be worn at all times. Wet suits and dry suits are not personal buoyancy.

21.2 On board sailing cruisers, lifejackets will be worn when the committee boat flies code flag Y.



## **22. DISCLAIMER OF LIABILITY AND INSURANCE**

22.1 Competitors are at all times entirely responsible for their own safety. All competitors start or continue to race at their own risk. The provision of a safety boat does not relieve competitors of this responsibility.

22.2 Any competing boat is required to hold third party insurance to the value of at least £2,000,000 (Two million pounds).

## **23. WIND STRENGTH LIMITATION**

23.1 24 hours before each race, SSC's Race Officer will check the UK met office forecast for Woolston. If the wind gust strength at the time of the race is forecast as greater than 27 mph (= 23.5 knots) then the race will be cancelled via email to all SSC members, and all confirmed entrants. At the discretion of the race officer, other factors may necessitate cancellation of races at lower wind speeds (e.g. water temperature, competitor ability, other race events nearby etc.).

23.2 During a race, if the wind gust speed displayed by the Sotonmet website exceeds 27 mph (= 23.5 knots), the race officer will abandon the race.

[https://www.sotonmet.co.uk/\(S\(e1tibaq1vsyda545lhl204i3\)\)/default.aspx](https://www.sotonmet.co.uk/(S(e1tibaq1vsyda545lhl204i3))/default.aspx)